

**Designer Laser Vaginoplasty  
(Autologous Fat Transplant to the Labia Majora)**

**RISK AND COMPLICATIONS**

**List of possible complications:**

Hemorrhage  
Infection  
Hematoma: Collection of blood in tissues.  
Hyposensation  
Hypersensation  
Varied aesthetic result  
Re-absorption of some or all of the fat (AFT)  
Dyspareunia  
Seroma (fluid collection under skin)  
Fat movement  
Abnormal majora contour  
Puckers  
Wound disruption  
Dimples  
Discoloration  
Fat Embolus (less than 0.1%)  
Need for subsequent surgery  
Alteration of vulvar/vaginal sensations  
Post-operative pain  
Prolonged pain  
Intractable pain  
Skin irregularities  
Skin death (necrosis)  
Alteration of the female sexual response cycle  
Failed surgery  
Psychological alterations  
Relationship problems  
Sex life alteration  
Decreased sexual function  
Possible hospitalization for treatment of complications  
Lidocaine toxicity  
Anesthesia reaction  
DVT (Blood Clot)  
Pulmonary embolism  
Depression (mild depression is normally following elective surgery)  
Reactions to medications  
Nerve damage  
Permanent numbness  
Slow healing  
Swelling  
Sexual dysfunction  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.

**Designer Laser Vaginoplasty  
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**RISK AND COMPLICATIONS**

Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

**PATIENT CERTIFICATION:**

By signing below I state that I am 18 years of age or older, or otherwise authorized to consent. I have read or have had explained to me the contents of this form. I understand the information on this form and give my consent to what is described above and to what has been explained to me.

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## **Designer Laser Vaginoplasty (Laser Reduction Labioplasty of the Labia Minora)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage

Infection

Hematoma: Collection of blood in tissues.

Separation of labia minora edges

Separation of clitoral hood and or frenulum from the body of the labia minora

Labia minora scar: Scar of small inner lips.

Hyposensation: Decreased feeling.

Hypersensation: Increase sensation that can be painful or unpleasant.

Varied aesthetic result

Asymmetry of the labia minora: Unequal length of small inner lips.

Retraction of the labia minora

Flattening of the labia minora

Suture irritation: Reaction or allergies.

Dyspareunia: Painful intercourse-narrowing of the vagina.

Wound disruption

Need for subsequent surgery

Alteration of vaginal sensations

Compromised introital opening

Post-operative pain

Prolonged pain

Intractable pain

Alteration of the female sexual response cycle

Failed surgery

Psychological alterations

Relationship problems

Sex life alteration

Decreased sexual function

Possible hospitalization for treatment of complications

Lidocaine toxicity

Complications from pudendal block anesthesia

Anesthesia reaction

DVT (Blood Clot)

Pulmonary embolism

Keloid (heavy scar)

Depression (mild depression is normally following elective surgery)

Reactions to medications

Nerve damage

Permanent numbness

Slow healing

Swelling

Sexual dysfunction

Economic and wage loss.

Future unemployment. Loss of career.

Need for blood or blood product transfusion with associated risk of blood borne disease.

**Designer Laser Vaginoplasty  
(Laser Reduction Labioplasty of the Labia Minora)  
RISK AND COMPLICATIONS**

Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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## **Designer Laser Vaginoplasty (Laser Hymenoplasty)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage  
Infection  
Hematoma  
Hyposensation  
Hypersensation  
Varied aesthetic result  
Failure to bleed with coitus  
Failure to produce coital resistance  
Suture irritation  
Dyspareunia  
Wound disruption  
Need for subsequent surgery  
Alteration of vaginal sensations  
Compromised introital opening  
Post-operative pain  
Prolonged pain  
Intractable pain  
Alteration of the female sexual response cycle  
Failed surgery  
Psychological alterations  
Relationship problems  
Sex life alteration  
Decreased sexual function  
Possible hospitalization for treatment of complications  
Lidocaine toxicity  
Anesthesia reaction  
DVT (Blood Clot)  
Pulmonary embolism  
Depression (mild depression is normally following elective surgery)  
Reactions to medications  
Nerve damage  
Permanent numbness  
Slow healing  
Swelling  
Sexual dysfunction  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.

**Designer Laser Vaginoplasty  
(Laser Hymenoplasty)  
RISK AND COMPLICATIONS**

Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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## **Designer Laser Vaginoplasty (Laser Reduction Labioplasty of the Labia Majora)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage

Infection

Hematoma: collection of blood in tissues.

Separation of labia majora surgical edges

Labia majora scar: Scar of outer lips.

Hyposensation: Decrease feeling.

Hypersensation: Increase sensation that can be painful or unpleasant.

Varied aesthetic result

Asymmetry of the labia majora: Unequal length of small inner lips.

Retraction of the labia majora

Flattening of the labia majora

Suture irritation: Reaction or allergies.

Dyspareunia: Painful intercourse-narrowing of external and internal vagina.

Wound disruption: Wound separation.

Need for subsequent surgery

Alteration of vulvar sensations

Alteration of vaginal sensations

Compromised introital opening

Post-operative pain

Prolonged pain

Intractable pain: Pain not responding to pain.

Alteration of the female sexual response cycle: Excitation,plateau,orgasm,resolution.

Failed surgery

Psychological alterations

Relationship problems

Sex life alteration

Decreased sexual function

Possible hospitalization for treatment of complications

Lidocaine toxicity

Complications from pudendal block anesthesia: Nerve block of the pudental nerves inside vagina.

Anesthesia reaction

DVT (Blood Clot): Blood clot of the deep veins of the leg.

Pulmonary embolism: Blood clot to the lungs.

Keloid (heavy scar) Excessive scarring.

Depression (mild depression is normally following elective surgery)

Reactions to medications: Abnormal reaction to medication.

Nerve damage

Permanent numbness

Slow healing

Swelling

Sexual dysfunction

Suture itching

Economic and wage loss.

Future unemployment. Loss of career.

**Designer Laser Vaginoplasty  
(Laser Reduction Labioplasty of the Labia Majora)  
RISK AND COMPLICATIONS**

Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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**Designer Laser Vaginoplasty  
(Laser Reduction Labioplasty of the Labia Minora & Reduction of Excess  
Prepuce)**

**RISK AND COMPLICATIONS**

**List of possible complications:**

Hemorrhage

Infection

Hematoma: Collection of blood in tissues.

Separation of labia minora edges

Separation of clitoral hood and or frenulum from the body of the labia minora

Clitoral hood scar: Scar of skin along clitoris.

Labia minora scar: Scar of small inner lips.

Hyposensation: Decreased feeling.

Hypersensation: Increase sensation that can be painful or unpleasant.

Varied aesthetic result: Varied Cosmetic result.

Asymmetry of the labia minora: Unequal length of small inner lips.

Retraction of the labia minora

Flattening of the labia minora

Suture irritation: Reaction or allergies.

Dyspareunia: Painful intercourse-narrowing of the vagina.

Wound disruption: Wound separation.

Need for subsequent surgery

Alteration of vaginal sensations

Compromised introital opening

Post-operative pain

Prolonged pain

Intractable pain: Pain not responding to medication.

Alteration of the female sexual response cycle: Excitation, plateau, orgasm and resolution.

Failed surgery

Psychological alterations

Relationship problems

Sex life alteration

Decreased sexual function

Possible hospitalization for treatment of complications

Lidocaine toxicity

Complications from pudendal block anesthesia: Nerve block of the pudental nerves inside the vagina.

Anesthesia reaction

DVT (Blood Clot): Blood clot in the deep vein of the leg.

Pulmonary embolism: Blood clot of the lungs.

Keloid (heavy scar) excessive scarring.

Depression (mild depression is normally following elective surgery)

Reactions to medications: Abnormal reaction to medications.

Nerve damage

Permanent numbness

Slow healing

Swelling

Sexual dysfunction

**Designer Laser Vaginoplasty  
(Laser Reduction Labioplasty of the Labia Minora & Reduction of Excess  
Prepuce)  
RISK AND COMPLICATIONS**

Suture itching  
Vaginal Discharge  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.  
Yeast infection

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# Endometrial Ablation with Resection Surgery

## RISK AND COMPLICATIONS

### **List of possible complications:**

Hemorrhage  
Infection  
Hematoma  
Uterine perforation  
Fluid overload  
Ureter injury  
Urethral injury  
Bowel injury  
Need for subsequent surgery  
Post-operative pain  
Prolonged pain  
Intractable pain  
Failed surgery  
Possible hospitalization for treatment of complications  
Anesthesia reaction  
DVT  
Pulmonary embolism  
Reactions to medications  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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## **Laser Vaginal Rejuvenation (Laser Perineorrhaphy)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage  
Infection  
Hematoma  
Bowel injury  
Rectovaginal fistula  
Dyspareunia  
Wound disruption  
Need for subsequent surgery  
Alteration of vaginal sensations  
Scar formation  
Compromised introital opening (possibly requiring surgery to increase opening)  
Post-operative pain  
Prolonged pain  
Intractable pain  
Alteration of the female sexual response cycle  
Failed surgery  
Varied aesthetic results  
Psychological alterations  
Relationship problems  
Sex life alteration  
Fecal incontinence  
Decreased sexual function  
Possible hospitalization for treatment of complications  
Bowel function change  
Lidocaine toxicity  
Complications from pudendal block anesthesia  
Anesthesia reaction  
DVT (Blood Clot)  
Pulmonary embolism  
Keloid (heavy scar)  
Depression (mild depression is normally following elective surgery)  
Reactions to medications  
Nerve damage  
Permanent numbness  
Slow healing  
Swelling  
Sexual dysfunction  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.

**Laser Vaginal Rejuvenation  
(Laser Perineorrhaphy)  
RISK AND COMPLICATIONS**

Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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## **Laser Vaginal Rejuvenation (Laser Posterior Colporrhaphy and Perineorrhaphy)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage

Infection

Hematoma: Collection of blood in tissues.

Ureter injury: Injury to the drainage tube of the kidney.

Urethral injury: Injury to the drainage tube to the bladder “where you urinate from”

Bowel injury: Large intestine and small intestine.

Urethral vaginal fistula: Hole in the urethra that communicates with the vagina.

Vesicle vaginal fistula: Hole in the bladder that communicates with the vagina.

Rectovaginal fistula: Hole between the rectum and vagina. The rectum communicates with vagina

Dyspareunia: Painful intercourse-narrowing of internal and external vagina.

Wound disruption (vaginal): Wound separation.

Wound disruption (perineum ): Wound separation between vagina and anus.

Need for subsequent surgery

Alteration of vaginal sensations: Decrease feelings and increase feelings.

Scar formation (vaginal/perineum)

Compromised introital opening (possibly requiring surgery to increase opening): Too tight of a vaginal opening.

Alteration of bladder dynamics: Alteration of the function of the bladder such as frequent urge to urinate, painful urination, inability to control urination. Also, the production of incontinence in previous continent patient.

Post-operative pain

Prolonged pain

Intractable pain: Pain not responding to medication.

Alteration of the female sexual response cycle

Failed surgery

Varied aesthetic results

Psychological alterations

Relationship problems

Sex life alteration

Fecal incontinence: Unable to control bowel movements.

Vaginal canal shelf: Abrupt drop off at the bottom back of the vagina.

Decreased sexual function

Possible hospitalization for treatment of complications

Bowel function change

Lidocaine toxicity

Complications from pudendal block anesthesia: Nerve block of the pudendal nerves inside vagina.

Anesthesia reaction

DVT (Blood Clot): Blood clot in the deep vein of the leg.

Pulmonary embolism

Keloid (heavy scar): excessive scarring.

Depression (mild depression is normally following elective surgery)

Reactions to medications: Abnormal reactions to medications.

Nerve damage

Permanent numbness

**Laser Vaginal Rejuvenation  
(Laser Posterior Colporrhaphy and Perineorrhaphy)  
RISK AND COMPLICATIONS**

Swelling  
Slow healing  
Sexual dysfunction  
Vaginal stenosis  
Vaginal discharge  
Yeast infection  
Hemorrhoids  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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## **Laser Vaginal Rejuvenation (Laser Anterior, Posterior Colporrhaphy and Perineorrhaphy)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage

Infection

Hematoma: Collection of blood in tissues.

Ureter injury: Injury to the drainage tube of the kidney.

Urethral injury: Injury to the drainage tube to the bladder "where you urinate from"

Bowel injury: Large intestine and small intestine.

Urethral vaginal fistula: Hole in the urethra that communicates with the vagina.

Vesicle vaginal fistula: Hole in the bladder that communicates with the vagina.

Rectovaginal fistula: Hole between the rectum and vagina. The rectum communicates with vagina

Dyspareunia: Painful intercourse-narrowing of internal and external vagina.

Wound disruption (vaginal): Wound separation.

Wound disruption (perineum): Wound separation between vagina and anus.

Need for subsequent surgery

Alteration of vaginal sensations: Decrease feelings and increase feelings.

Scar formation (vaginal/perineum)

Compromised introital opening (possibly requiring surgery to increase opening): Too tight of a vaginal opening.

Alteration of bladder dynamics: Alteration of the function of the bladder such as frequent urge to urinate, painful urination, inability to control urination. Also, the production of incontinence in previous continent patient.

Post-operative pain

Prolonged pain

Intractable pain: Pain not responding to medication.

Alteration of the female sexual response cycle: Excitation, plateau, orgasm, resolution.

Failed surgery

Varied aesthetic results

Psychological alterations

Relationship problems

Sex life alteration

Fecal incontinence: Unable to control bowel movements.

Vaginal canal shelf: Abrupt drop off at the bottom back of the vagina.

Decreased sexual function

Possible hospitalization for treatment of complications

Bowel function change

Lidocaine toxicity

Complications from pudendal block anesthesia: Nerve block of the pudendal nerves inside vagina.

Anesthesia reaction

DVT (Blood Clot): Blood clot in the deep vein of the leg.

Pulmonary embolism: Blood clot of the lungs.

Keloid (heavy scar): excessive scarring.

Depression (mild depression is normally following elective surgery)

Reactions to medications: Abnormal reactions to medications.

Nerve damage

Permanent numbness

Slow healing

Swelling

Sexual dysfunction

**Laser Vaginal Rejuvenation  
(Laser Anterior, Posterior Colporrhaphy and Perineorrhaphy)  
RISK AND COMPLICATIONS**

Change in the appearance of vulvar structure.  
Change in the appearance of the anus.  
Prominent appearance of existing of hemorrhoidal tags-hemorrhoids.  
Urinary tract infection  
Hematoma  
Overactive bladder  
Urge incontinence  
Unsolved or worsen incontinence  
Bladder injury  
Urinary retention  
Vaginal stenosis  
Hemorrhoids  
Yeast infection  
Vaginal discharge  
Suture erosion requiring removal  
Dysfunctional uterine bleeding  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

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# Designer Laser Vaginoplasty (Liposculpting of the Mons Pubis and Labia Majora)

[risks and complications](#)

## **liposuction risks and complications**

### **List of possible complications:**

Abnormal body contour  
Anesthesia reaction  
Bleeding  
Burning Sensation  
Depression (mild depression is normally following elective surgery)  
Dimples  
Discoloration  
DVT (Blood Clot)  
Fat Embolus (less than 0.1%)  
Heart Failure  
Hematoma  
Hypothermia  
Infection  
Keloid (heavy scar)  
Nerve damage  
Perforation of bowel or abdominal wall  
Permanent numbness (risk is less than 1%)  
Puckers  
Reactions to medications  
Seroma (fluid collection under skin)  
Shock  
Skin irregularities  
Skin death (necrosis)  
Slow healing  
Swelling  
Tingling  
Visible scar  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

### **Blood Clots**

Blood clots (or deep venous thrombosis, a DVT) can form in the deep veins of the pelvis or legs after any surgery. A blood clot forms after prolonged immobility (people on international flights, women on bedrest during pregnancy and patients recovering from surgery are the most susceptible to blood clots). It is important to stand often (at least once an hour), flex the feet more often and generally keep the blood flowing in your legs. If the blood pools for too long in one area, you could be at risk for a blood clot.

### **Perforation**

Perforation of the abdominal wall or bowels is preventable during surgery. Surgeons are limited in what they can see during surgery and must take extra caution. Choosing an highly experienced surgeon can reduce your risk of such complications.

### **Shock and hemodilution**

Shock and blood dilution can occur after a patient has had excessive amounts of fluid injected and then excessive amounts of fat and body fluid removed (over 5,000 cc's, about 11 pounds). Large volume liposuction should be considered carefully. It is generally not recommended. However there are surgeons that specialize in it.

- 

#### **Lidocaine**

Lidocaine use poses particular hazards, especially since experts do not agree on safe injectable levels. At least one study links possible lidocaine toxicity to liposuction deaths. People with less than normal liver function or those who have been drinking alcohol may not be able to metabolize lidocaine well.

According to a study by the ASPS Liposuction Task Force, released in October 1998, the rate of significant complications from liposuction is low. The Task Force reviewed 24,295 liposuction surgeries performed by board-certified plastic surgeons for the study and found that only .03 percent reported significant complications.

Factors that increase the risk of complications include: large volume liposuction, because of the use of greater amounts of fluid and anesthesia, as well as removal of more fat; extended length of surgery; multiple procedures; or a patient whose preoperative health is compromised.

Source: <http://www.plasticsurgery.org/mediatr/homework.htm>

The following tables record the data from that survey.

### **Nonfatal complications from lipoplasty and lipoplasty combination procedures for 94,159 lipoplasty procedures performed by ASAPS members: Sept 1, 1998, through Aug 31, 2000**

<b>Complication</b>	<b>Percent Rate</b>	<b>(1 complication in every __ procedures)</b>
Skin slough	.0903%	1 per 1107
Ultrasound-assisted lipoplasty skin burns	0.0712%	1 per 1404
Deep vein thrombophlebitis	0.329%	1 per 3040
Pulmonary embolus	0.0266%	1 per 3759

Excessive blood loss	0.0149%	1 per 6711
Fluid overload	0.0138%	1 per 7246
Fat emboli	0.0053%	1 per 18.868
Cannula penetration of abdominal cavity	0.0021%	1 per 47,619
Lidocaine toxicity	0.0021%	1 per 47,619
Surgical shock	0.0011%	1 per 90,909

## **liposuction scars**

Surgical scars are permanent. However, usually only two small incisions (less than 1/4") are made for each area. Incisions are often placed in natural skin creases, are hidden in pubic hair, or inside the belly button so that they are not normally noticeable except on very close observation. Certain areas are easier to hid then others.

To keep scar tissue soft and minimize their appearance, massage them and keep them out of the sun. Massage them with scar minimizing/reduction creams such as Mederma.

### **Scars by area**

*Abdomen:* at the belly button, bikini line, each side of the abdomen

*Arms:* along the arm

*Breasts:* in the breast crease (under the breast)

*Chin:* under the chin and behind each ear

*Knees:* usually two tiny incisions per knee, in skin creases

*Thighs:* depends on fat location, usually on the edge of suctioned area

# Liposuction

[risks and complications](#)  
[scars](#)

## liposuction risks and complications

### List of possible complications:

Abnormal body contour  
Anesthesia reaction  
Bleeding  
Burning Sensation  
Depression (mild depression is normally following elective surgery)  
Dimples  
Discoloration  
DVT (Blood Clot)  
Fat Embolus (less than 0.1%)  
Heart Failure  
Hematoma  
Hypothermia  
Infection  
Keloid (heavy scar)  
Nerve damage  
Perforation of bowel or abdominal wall  
Permanent numbness (risk is less than 1%)  
Puckers  
Reactions to medications  
Seroma (fluid collection under skin)  
Shock  
Skin irregularities  
Skin death (necrosis)  
Slow healing  
Swelling  
Tingling  
Visible scar  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.  
Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.  
Skin induration.

Asymmetric result.

Development of lipomas- (firm nodules of fat) requiring repair.

Development of buttock seromas requiring placement of drains or multiple needle aspirations.

Development of hematomas (collection of blood) requiring evacuation with larger incisions and scars.

Development of abscess (collection of infectious material) requiring evacuation with larger incisions and scars.

Permanent cosmetic irregularities.

Damage to sciatic or other nerves resulting in permanent pain, disability or paralysis.

Need for physical therapy.

### **Blood Clots**

Blood clots (or deep venous thrombosis, a DVT) can form in the deep veins of the pelvis or legs after any surgery. A blood clot forms after prolonged immobility (people on international flights, women on bedrest during pregnancy and patients recovering from surgery are the most susceptible to blood clots). It is important to stand often (at least once an hour), flex the feet more often and generally keep the blood flowing in your legs. If the blood pools for too long in one area, you could be at risk for a blood clot.

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#### **PATIENT OR PARENT/LEGAL REPRESENTATIVE CERTIFICATION:**

By signing below I state that I am 18 years of age or older, or otherwise authorized to consent. I have read or have had explained to me the contents of this form. I understand the information on this form and give my consent to what is described above and to what has been explained to me.

\_\_\_\_\_  
SIGNATURE OF PATIENT

\_\_\_\_\_  
DATE

**PHYSICIAN ATTESTATION**

I have explained the procedure(s), alternative(s) and risks to the person or persons whose signature is affixed above. The patient has verbally communicated to me that they understand the contents of this form.

\_\_\_\_\_  
SIGNATURE OF PHYSICIAN OR DESIGNEE OBTAINING CONSENT

\_\_\_\_\_  
DATE

**INTERPRETER ATTESTATION (when applicable)**

I have provided translation to the person(s) whose signature(s) is affixed above.

\_\_\_\_\_  
SIGNATURE OF INTERPRETER

\_\_\_\_\_  
DATE

## **Laser Vaginal Rejuvenation (Laser Perineorrhaphy)**

### **RISK AND COMPLICATIONS**

#### **List of possible complications:**

Hemorrhage  
Infection  
Hematoma  
Bowel injury  
Rectovaginal fistula  
Dyspareunia  
Wound disruption  
Need for subsequent surgery  
Alteration of vaginal sensations  
Scar formation  
Compromised introital opening (possibly requiring surgery to increase opening)  
Post-operative pain  
Prolonged pain  
Intractable pain  
Alteration of the female sexual response cycle  
Failed surgery  
Varied aesthetic results  
Psychological alterations  
Relationship problems  
Sex life alteration  
Fecal incontinence  
Decreased sexual function  
Possible hospitalization for treatment of complications  
Bowel function change  
Lidocaine toxicity  
Complications from pudendal block anesthesia  
Anesthesia reaction  
DVT (Blood Clot)  
Pulmonary embolism  
Keloid (heavy scar)  
Depression (mild depression is normally following elective surgery)  
Reactions to medications  
Nerve damage  
Permanent numbness  
Slow healing  
Swelling  
Economic and wage loss.  
Future unemployment. Loss of career.  
Need for blood or blood product transfusion with associated risk of blood borne disease.  
Need to go on disability.  
Emotional distress requiring short or long term treatment.  
Inability to have a fulfilling sex life.  
Need for extended hospitalization.

**Laser Vaginal Rejuvenation  
(Laser Perineorrhaphy)  
RISK AND COMPLICATIONS**

Chronic fatigue.  
Chronic pain.  
Spousal or familial alienation.  
Medical and Legal fees.  
Regret for proceeding with surgery.

**PATIENT CERTIFICATION:**

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