

# COSMETIC STAR

## Hollywood surgeon Dr Matlock opens up about 'designer v's' and butt lifts...

**A**head of his visit to Dubai OK! Middle East spoke to cosmetic surgeon to the stars, Dr Matlock, who is known for doing great 'designer vaginas' as well as 'butt lifts'. We talk to him about his signature procedures, starring in *Dr. 90210* and why women in the Middle East are lining up to see him...

### You're known for doing 'designer vaginas', tell us more about this cosmetic treatment...

In regards to female region plastic surgery we offer two categories; laser rejuvenation and designer laser vaginoplasty for aesthetic enhancement.

### What should you consider before getting the treatment done?

It is of utmost importance that a patient goes to a surgeon trained in female genital plastic surgery. Untrained people can create substantial harm to a patient.

### Do patients really ask for the Kim Kardashian and Pippa Middleton buttocks?

I have treated patients from all 50 US states and over 63 countries and among them 99 per cent of women have my famous Brazilian Butt Augmentation. Many women have asked me for a Kardashian butt. Not once has anyone requested a Pippa butt – but many want a J-Lo one!

### What do you suggest for women who don't have enough fat on their buttocks for an augmentation?

My patients who don't have enough fat

for a Brazilian Butt gain weight so that they have enough fat for me to design one. We have even developed a diet programme for healthy weight gain. The patients don't mind doing this and in fact it's doctor's orders. But the bottom line (excuse the pun!) is that I remove all the fat they gain anyway!

### What are the positives and negatives of getting buttock implants?

I do not recommend that patients get silicone implants because of the unacceptable risk of infection, bleeding, implant extrusion, large scarring, pain and unnatural results. Autologous fat transfer to the buttocks is the method of choice.

### Can a butt lift help get rid of cellulite?

In general cellulite is not addressed in my Brazilian Butt Augmentations. If you attempt to treat significant cellulite you could produce a condition called a seroma, which is a collection of fluids in the tissue. It is best to separate these treatments out.

### Which celebrities do you work with?

In Beverly Hills I care for many celebrities both on the big and small screen as well as others in the entertainment field including musicians, singers and rappers.

### You starred in *Dr. 90210* – do you think reality shows help shed more light on the actual processes of plastic surgery?

I firmly believe that shows such as *Dr.*



*90210* open up the field. It also shows how it can affect the life of the patient having the procedure.

### Celebrities like Tara Reid and Janice Dickinson have gone too far with their plastic surgery, when is a good time to stop?

Ultimately the surgeon needs to tell the patient enough is enough and that they won't perform any more procedures.

### What's your advice for anyone going under the knife?

It is important to educate yourself about the procedure as much as possible via the Internet, physician literature and surgical consultations. Also pick the right surgeon. **OK!**

Dr Matlock will be in Dubai from May 5 to 8. To book an appointment contact the American British Surgical and Medical Centre on 04 297 5544 or visit [absamc.com](http://absamc.com). For further info go to [lvria.org](http://lvria.org).

# BEAUTY DIRECTORY



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- **Beautybay**  
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